

SCOTCH OAKBURN COLLEGE CREATING THE FUTURE

### A GUIDE FOR YEAR 8 ROUND SQUARE EXCHANGE STUDENTS 2022



Contraction of the local division of the loc

MIDDLE SCHOOL

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### SCOTCH OAKBURN COLLEGE creating the future

### Scotch Oakburn College

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### **Penquite Campus**

Senior School, Middle School, Health & Physical Education Centre, Performing Arts Centre and Business Office 85 Penquite Road, Launceston **Telephone:** (03) 6336 3300

CRICOS provider No. 00480A



### THIS BOOKLET IS DESIGNED TO HELP YOU NAVIGATE YOUR WAY AROUND SCOTCH OAKBURN COLLEGE

Welcome to Scotch Oakburn College and its Middle School. Our Middle School is designed specifically for your age group and has many innovative features which will allow you to develop skills that will carry you into the future. The six Round Square IDEALS, Internationalism, Democracy, Environment, Adventure, Leadership and Service are embedded within everything we do at Scotch Oakburn College. Round Square is not what we do, it is who we are.

The Scotch Oakburn College Community is a welcoming one that will help you settle in and make you feel at home. Your time here at the College will pass in the blink of an eye so take every opportunity you are presented with. Be Courageous, Curious and Compassionate and enjoy your Year 8 Round Square Exchange!



Mr Leigh Cordell Round Square Director

# Welcome to Scotch Oakburn College

WE HOPE THAT YOU HAVE AN ENJOYABLE TIME AT OUR COLLEGE AND WITH YOUR HOST FAMILIES.



MR ANDY MÜLLER Principal



MR BEN GREEN Head of Middle School



MR BO POWER Head of Boarding



MR CLYDE GOOSEN Round Square Coordinator Middle School

### **BEING PART OF A YEAR LEVEL**

The Middle School Mentor Program is central to the development of the social and emotional skills for learning and life. You will belong to a 'homeroom' and have a mentor teacher who will support your everyday learning and wellbeing maintenance and development. You will form close connections with your Mentor Group.

The Heads of Year support each year level and provide key pastoral care and wellbeing support to all Year Level Mentor teachers and students in that year level.

### Heads of Year / Counsellor



MRS ESTER CROFT-ELLIOT Year 6



MR SAM NUGTEREN Year 7



MS KATIE LESTER Year 8



MRS KIRAN OATES PRYOR Middle School Counsellor

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# About Our College

### HISTORY

Scotch Oakburn College was created in 1979 with the amalgamation of Oakburn College (est 1886 and formerly Methodist Ladies College) and Scotch College (est 1901).

Scotch Oakburn is a co-educational Uniting Church College, catering for all religions, with a student population of approximately 1110. Classes commence at Early Learning (3 years old) and continue through to Year 12, with a maximum class size in the Middle and Senior School of 26 students. We are registered to accept international students from Year 1-12, with boarding from Year 6.

The College has a long established reputation for providing a high quality, holistic education. Graduates from the College are represented as leaders in the fields of government, law, medicine, education, the arts and industry.

Scotch Oakburn College has three campuses and a boarding house. The Penquite Campus where you will be based, is situated on Penquite Road, Launceston. This campus houses our Middle School and Senior School. The Junior School and the Boarding House are situated only 2.4kms away on Elphin Road, Launceston. Our third campus is our Education Outdoors and Environmental Education venue known as the Valley Campus. This is situated near Fingal, approximately 1 hour south-east of Launceston.

Scotch Oakburn College is situated in northern Tasmania, Australia's island state. Tasmania is located 300 kilometers south of the Australian mainland and enjoys a temperate maritime climate, without extremes of heat or cold. Tasmania has a reputation for an easy going and friendly way of life, with small, uncrowded cities, spectacular wilderness areas, and charming country scenery.

To learn more about Launceston and Tasmania visit www.discovertasmania.com









# What does a normal day look like?

### MIDDLE SCHOOL DAILY ROUTINE

ТІМЕ	ΑCTIVITY
8.30am – 8.40am	Arrive at school, go to your locker and prepare for your first two lessons
8.40am – 9.25am	Period 1
9.30am – 10.15am	Period 2
10.20am – 10.40am	Recess
10.45am – 11.15am	Pastoral Time
11.20am – 12.05pm	Period 4
12.10pm –12.55pm	Period 5
1.00pm – 1.45pm	Lunch
1.50pm – 2.35pm	Period 6
2.40pm –3.25pm	Period 7



# Useful information

- Wear your own school uniform and bring your sports uniform so that you can take part in Physical Education classes.
- Bring an exercise book and a pencil case that can be used for all subjects.
- You will take part in all normal school activities; classes, assembly, chapel, mentor group and house activities.
- Some exchange students will attend the Education Outdoors Program. (We can assist you with equipment such as tents and rucksacks.
- Mobile phones are NOT to be used in class.
- The timetable runs for a 2 week cycle Week A and Week B. (You will follow the same timetable as your host)
- An internet account will be issued to you and you will have ITC access so there is no need to bring your laptop, although you are welcome to do so.





# College life

### **GETTING TO KNOW EACH OTHER:**

Communication early on is one of the keys to a successful host family and incoming student relationship, and establishing expectations early on can help greatly diminish misunderstandings and help in the adjustment for both the host family and student. Please use the following guide to help you prepare for entering a new family's home.

### **HOUSE RULES:**

Each family may have different house rules, your family should discuss these with you. You can talk about the house rules with your host family, particularly to ensure you understand and respect their expectations. If you are not sure what to do, ask questions.

### **RESPECT:**

The Scotch Oakburn community abides by the three R's; Respect for Self, Respect for Others and Respect for the Environment. Respect the house rules of your host family. Respect any cultural or religious differences. Be truthful and express any concerns or needs in a respectful way.

### **FAMILY LIFE:**

You are expected to behave and be treated as a member of the family, not just a guest. Try to participate in family activities, even if it may seem new or strange to you. Be open with your host family about any problems or needs.

### **SCHOOL LIFE:**

A nice way to give you some perspective on Scotch Oakburn College may be to Google our school and write a list of similarities and differences between your own school. https://www.soc.tas.edu.au/

### **CHORES/RESPONSIBILITIES:**

As a member of the family, you should help with general household work such as setting or clearing the table. If you are interested, you could help with meal preparation. You may help with the children by reading to them or playing with them; however, you should not be expected to baby-sit.

### FOOD/MEALS:

Be on time for family meals. If you will be late or absent, let your family know in advance. If you have allergies, tell your family. Offer to help with small tasks such as setting the table or cleaning up after meals.

### **COMPUTER USE:**

Adhere to expectations set by your host family regarding computer usage (for the family computer and your own computer), if they don't make this clear, it may be a good idea just to ask what is common practice in their household.

### **PHONE USE:**

Adhere to the guidelines as set by your host family regarding phone usage, again, if this isn't explained, perhaps ask your host family what is common practice in their home.

### WHO PAYS?

Understand and be respectful of what you are expected to pay for and be sure to thank your host family if they pay for things. Remember that the host family is volunteering and receives no compensation for hosting you. Scotch Oakburn College advises that, generally, host families pay for meals, any other costs are at their discretion. We do not recommend host families pay for souvenirs or leisure items for incoming students.

### **BEDROOM AND BATHROOM:**

Students should keep their bedroom clean and wash bedding as needed. Your host parents are not expected to clean your bedroom. Be respectful of shared bathroom space and be sure to clean up after yourself.

### WORKING WITH VULNERABLE PEOPLE:

All Scotch Oakburn College host parents/primary carers (and siblings over 16 years of age) of an exchange student must be registered with a Working with Vulnerable People Check.

# Code of conduct

As an exchange student representing my school, and as a representative of other young people who may wish to make an exchange in the future, I agree to the following in accepting this exchange position. And I/we, the parents, accept that our child understands the expectations with respect to behaviour, and specifically:

- Adhere to all Scotch Oakburn College school rules and become a genuine member of the community
- The need to pay attention to their personal safety and health at all times
- The need to liaise regularly with the Exchange Coordinator and to accept appropriate supervision at all times (and the need to accept the reasonable directions of other school staff, host families, etc)
- Involvement with sex, drugs or alcohol is prohibited
- A respectful attitude to the host school and family
- A preparedness to participate wherever appropriate

We understand that all normal school policies – and especially those specified above – are designed to maximise safety of all participants. Infringement of these policies could result in a participant being sent home. We understand that any extra costs associated would be at our expense.

We understand that as an exchange student you may be permitted to travel only when you are accompanied by a staff member, host parents or when participating in an organised trip. At any other time it is with the express permission of your host, host parent or head teacher of the host school.

I agree that I understand the information above.

Student's Signature		Date	
Signature		Date	
- (1	Parent or Guardian for student's under 18 years)		

### PARENTAL AUTHORISATION FOR STUDENTS UNDER 18 YEARS

Stu	dent Name		
Par	ent Name		
Plea	ase circle your choice and use BLOCK WRITING for name.		
1.	I give / do not give permission for unaccompanied by an adult while on exchange with the express permission o		
	Signed	Date	
2.	I give / do not give permission for students from the school as long as the Host Parent/Boarding Head has given <b>Signed</b>		-
3.	I give / do not give permission for driven by a licensed driver (not a staff member or employee of the school) whi Signed	e on exc Date	_ to travel in any vehicle hange.
	Signed	Date	
4.	I understand that should a medical situation arise, wherever possible the host to obtain permission for treatment from me but if that is not possible then the		
	permission to make decisions for necessary medical treatment.		
	Signed	Date	

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# Medical Information and Consent Form

Student's Surname:	First Name:
Residential Address:	
Date of Birth: DD / MM / YYYY	Gender (circle): Male Female Other
Parent/Guardian 1	Parent/Guardian 2
Name:	Name:
Relationship to student:	Relationship to student:
Home Phone:	Home Phone:
Business/Mobile:	Business/Mobile:
Email:	Email:

### **MEDICAL INFORMATION**

Doctor's Name:	Doctor's Phone Number:			
Travel Insurance Details	Policy Number:			
Provider:	Validity Dates:			
Pleas tick YES or NO to ALL questions				
I give my permission for my child to be given Paracetamol	Yes No			
Has your child been vaccinated against *Tetanus?	Yes No Date:			
Has your child been vaccinated against *Hepatitis B?	Yes No Date:			
**Please attach a copy of your immunisation record				
My child can swim 50 metres:	Easily With difficulty Not at all			

Signatures:			Date		
	(Parent / Guardian)	(Student)			

### **MEDICAL HISTORY**

Medical Condition	YES	NO	Additional Information
Allergies			If YES please complete Asthma and Allergenic
Asthma or Respiratory Condition			Management Form (attached)
Anaphylaxis			If YES please provide action plan as per page 13
Bleeding			
Chronic Fatigue			
Diabetes			
Dietary Issues			
Epilepsy			
Glandular Fever			
Heart Condition / Blood Pressure			
Kidney / Bowel Condition			
Migraines / Headaches			
Sleepwalking			
Visual, Hearing, Speech Difficulties			

## DOES YOUR CHILD HAVE ANY MEDICAL OR PERSONAL INFORMATION WHICH WE SHOULD BE AWARE OF WHILE THEY ARE ON EXCHANGE? PLEASE PROVIDE DETAILS:

### **MEDICATION PLAN**

### IF YOUR CHILD WILL BE BRINGING MEDICATION WITH THEM ON EXCHANGE, PLEASE COMPLETE THE DETAILS BELOW:

Condition needing medication (e.g. Migraine)	Condition needing medication:	Condition needing medication:			
Medication name:	Medication name:	Medication name:			
Prescribed by doctor:	Prescribed by doctor:	Prescribed by doctor:			
Yes No	Yes No	Yes No			
Dosage:	Dosage:	Dosage:			
Time/s to be taken:	Time/s to be taken:	Time/s to be taken:			
Expiry date of medication:	Expiry date of medication:	Expiry date of medication:			

### **PARENT / GUARDIAN AUTHORITY**

I/We declare that the information provided on this form is complete and correct and that I/We will notify the school if any changes occur.

Parent/Guardian Initials .....

I/We authorise the staff member, host parents, contracted employees or agents, who are with my child, to give consent where it is impractical to communicate with me/us, and agree to my/our child receiving such medical or surgical treatment as may be deemed necessary. I/We give permission for this information to be passed on to a third party e.g. doctor or hospital to facilitate medical treatment for my/our child. Any costs incurred in medical treatment for our child are to be paid by me/us.

Parent/Guardian Initials .....

I/We give permission for our child to participate in school activities that may take place away from the school campus, including excursions, camps, and co-curricular activities. I/We also give permission for the host parents of our child to sign any necessary consent forms and documents required for participation in these activities.

### Parent/Guardian Initials .....

I/We give permission for our child to stay with other students at the College providing the Host Parent/ Exchange Coordinator/ Boarding House has given permission.

### Parent/Guardian Initials .....

I/We give permission for our child to travel in any vehicle driven by a licenced driver.

Parent/Guardian Initials .....

Name/s (Please Print):	
------------------------	--

(Parent / Guardian)

(Parent / Guardian)

Date .....

Signatures:

(Parent / Guardian)

(Parent / Guardian)

SCOTCH OAKBURN COLLEGE | EXCHANGE STUDENTS BOOKLET

### ASTHMA AND ALLERGENIC REACTION MANAGEMENT PLAN

	ASTHMA
Usual maintenance medical program followed:	
Preventer medication:	
Reliever medication:	
Medication and treatment regime to be used during an asthma attack:	(Please attach an Action Plan if available)
List any known asthma triggers:	
Has asthma interfered with participation in normal physical activities within the last 12 months?	Yes 🗌 No 📄 Details:
Has your child been admitted to hospital due to asthma in the past 12 months?	Yes 🗌 No 📄 Details:
Has your child been on oral cortisone for asthmas in the last 12 months?	Yes 🔄 No 🔄 Details:
Has your child suffered severe asthma attacks requiring hospitalisation within the last 12 month?	Yes 🗌 No 📄 Details:
ALLERG	ENIC REACTION
What is your child allergic to?	
What are the signs and symptoms of your child's reaction?	
Historically, has your child suffered from any of the fol	lowing:
A localised reaction? (rash, itching, swelling at the site that poison/irritant entered)	Yes 🗌 No 📄 Details:
A systemic reaction? (rash, itching swelling away from the site that the poison/irritant entered)	Yes 🗌 No 📄 Details:
An anaphylactic reaction? (severe breathing prob- lem, total body swell, emergency situation)	Yes 🗌 No 📄 Details:
What does your child take for their allergic reaction? (if any)	
Have allergies interfered with participation in normal physical activities within the last 12 months?	Yes 🗌 No 📄 Details:
Has your child been admitted to hospital as a result of allergies in the past 12 months?	Yes 🗌 No 📄 Details:
Does your child take adrenaline (EpiPen) when suffering an allergic reaction?	Yes 🗌 No 📄 If YES please supply recent Anaphylaxis Action Plan

Student's Sig	gnature		 		Date	
Signatures:			 		Date	
5		nt/Guardian)	(Parent / Guardiar	ר)		

# Penquite Campus

**1. Bruce Carter Administration Centre** 

Directory



### 22. Wetlands Trail 21. Grounds Dept. 8. The Oak Tree 5. College Shop 9. Ravenscraig 7. Chapel Garden 6. War Service Memorial Chapel 3. Works & Maintenance 2. Performing Arts Centre 23. Education Outdoors Shed 20. Eastman Pavilion 19. Scotch Oakburn Park 17. Middle School **16. Middle School Reception**• Student Medical Room 15. Amphitheatre 14. Penquite Underpass 12. John Morris Centre 11. Helix 10. St Andrews 4. Briggs House 18. Health & Physical 13. Robert Dean Centre Languages • Year 6, 7 & 8 Student Medical Room Visual Arts (Lower Ground Floor) Information Technology Human Resources Office (1st Floor) Design & Technology (Lower Ground Floor) Library Futures Centre Mathematics Year 9 and 10 Commons Tuck Shop Humanities Inwards Goods Reception & Business Office Senior Student Centre Student Medical Room Briggs House Dining Room Food Technology Centre Performing Arts s.p.a.c.e. gallery Leigh Speedy Room J. K. Powell Room (1st Floor) Education Centre Learning Spaces Science Archives (1st Floor) Horton Auditorium Community Relations and Development Office (1st Floor) 0 A Elphin Campus 2.4km **e** ORTH E ETLANDS SCOTCH OAKBURN PA ORTH ESK WETLAND 8 θ ->> PENQUITE ROAD tradespersons, must collect a visitor's badge from Reception. This is a smoke free campus All visitors, including ORTH 8 23 CHAPEL OVAL Assembly Point 21 20 6 19 D 4 DAVID DIXC J 4 OVAL 6 14 ω 5 AVID CHUG THE GREEN **UVA** SCOTCH OAKBURN COLLEGE Scotch Oakburn Park and Wetlands, 500m Π Valley Campus, approx 1 hour **CREATING THE FUTURE** and NORTH ESK WETLANDS SCOTCH OAKBURI PARK

August 2020